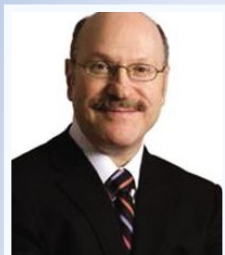


Transcendental Meditation Program of Atlanta

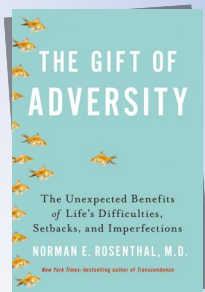
404-853-2560 • mcohen@tm.org

LIVE TALK AND BOOK SIGNING
BY AUTHOR AND NATIONALLY KNOWN PSYCHIATRIST



DR. NORMAN ROSENTHAL

Clinical Professor of Psychiatry
Georgetown University Medical School



Dr. Rosenthal will Speak about his
New York Times Bestselling Book
THE GIFT OF ADVERSITY

SUNDAY, NOVEMBER 17TH AT 3:30 PM

Unitarian Universalist Congregation of Atlanta
1911 Cliff Valley Way
Atlanta, GA 30329

THIS EVENT IS FREE AND OPEN TO THE PUBLIC.

Dr. Rosenthal presents compelling short stories, taken from his own life and those of others that show us how adversity can be our best teacher – making us wiser, stronger, bigger and more resilient people. NY Times columnist Jane Brody writes in her review of the book, "Every so often an especially insightful book prompts me to reflect on or change my behaviour, attitudes or both." She then devotes an entire column to explaining how *The Gift of Adversity* is just such a book.

Dr. Rosenthal is the world-renowned psychiatrist, researcher and best-selling author who first described seasonal affective disorder (SAD) and authored or co-authored 8 popular books.

**HERE'S WHAT THE EXPERTS ARE SAYING ABOUT
THE GIFT OF ADVERSITY:**



"Dr. Rosenthal catalyzes conversations around adversity with tales of wisdom and survival that we can all treasure."
— Mehmet C. Oz, M.D., host of *The Dr. OZ Show*



Nancy Lonsdorf, M.D., Integrative physician, speaker and author of *The Ageless Woman, Natural Health and Beauty through Maharishi Ayurveda (MCD Century)*

For More Information about this Event contact:

**TRANSCENDENTAL MEDITATION
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